



The Shamanic Journeys & Alchemical Healing Newsletter

- **Nicki's Note**

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- Witness the Ancient Ones through Visioning, Dreaming and Writing
March 17-31, 2017
- The Divine Balance of Sacred Relationship ~ A Couple's Journey
Indigo Rønlov with Louis Carosio & Trinity Harris, October 13-26, 2017

- **Nicki's Schedule**

- Special Women of Wisdom pre-conference class: Practical Applications of Egyptian Mysteries and Becoming An Oracle with Normandi Ellis and Nicki Scully, February 15-16, 2017
- Alchemical Healing with Nicki in Vancouver, B.C. February 17-20, 2017
- Making Spirit Medicine teleclass, last two weeks in Januaray, dates TBA

- **Stan Grof FREE online event**

Discovering the Way of the Psychonaut: How to Access the Power of Non-ordinary States of Consciousness, Saturday November 12

- **Hank Wesselman Free virtual event**

Unveiling Your Oversoul, Shamanic Journeys to Higher Realms for Wisdom, Healing, and Re-enchantment, November 16, 5:30pm PST

- **Mark's Note**

Dear Friends,

I feel much better about the future since earlier today when I had an epiphany. Sometimes when I really need help it comes from surprising places. For instance, today during a session with a new, young person who came to me for guidance, it was she who told me exactly what I needed to hear. The purity of the love that emanated from her reminded me of the potential for optimism, and of the work that I can do to help others dance through the gyrations this country is going to go through. I am a spiritual person. When I reach out

and ask for help I have every confidence in the quality and power that will come with the answer, and I have confidence, dear reader, that you will engage with your Higher Self, your wisest being, call it what or whom you may, and ask for what is needed. The radiance that accompanied the words of the young priestess today were like a gift from the gods, like medicine for my soul, and I can only wish the same for each of you.

I guess it's up to each of us to remember the co-creators we are and the tools we already have to lift ourselves and shape the future. And so I and you and all of us who are attempting to awaken and sustain awareness can choose to continue at every opportunity to redouble our efforts to stay on course, regardless of what we may perceive as insanity surrounding us.



Cindy (with Fiona in belly) and Nicki, 2009

The Future

It is in the service of truth, justice, harmony and peace, what ancient Egyptians called Ma'at, that I find myself making plans to continue teaching, although I sense a shift in the form that is as yet unclear to me. What I do know is that now, more than ever before, we have opportunities to share and to learn, or shall I say remember, from a wide ranging variety of spiritual adventures, some of which I would be honored to recommend.

Egypt

I love Egypt, and for me it has been the source of more magical epiphanies than I can count. If that seems like a stretch, consider that I have led more than 60 tours in the 38 years since I first went to Egypt with the Grateful Dead. Traveling through Egypt is like being struck by a tuning fork, with a different frequency rung at every sacred site. By the end of the tour, you will realize that the attunements that you have received will influence the space around you— they live in your bones and your aura, and will raise the vibrations that you emanate without having to say a word. In fact, for the first couple of decades I couldn't really articulate my experiences more than to say, much to the chagrin of my family, "This was the greatest trip EVER!"

Witness the Ancient Ones through Visioning, Dreaming and Writing March 17-31, 2017

*Next Spring Normandi Ellis, author of fourteen amazing books including our recently published co-creation, The Union of Isis and Thoth: Magic and Initiatory Practices of Ancient Egypt (Normandi and Nicki), and Sandra Corcoran, author of Shamanic Awakening: My Journey between the Dark and the Daylight, Bear & Co., will be co-leading An Egyptian Pilgrimage: **Witness the Ancient Ones through***



Visioning, Dreaming and Writing. March 17-31,
2017. *If you are called to Egypt, I suggest that you go soon, the sooner the better!*

*Into this tour Normandi brings the ability to transmit a deep understanding of the ancient hieroglyphs (**Awakening Osiris**, her translation of *The Egyptian Book of the Dead* is a classic that delivers the essence of Egypt), while Sandy's extensive training in shamanism transforms the dreamtime into form. (see her book, **Shamanic Awakening: My Journey Between the Dark and the Light**.) Together, they create an extraordinary collaboration of writing, dreaming, oracle decks, guided meditations, temple initiations and magic that can assist you to open deeply to the wisdom of the Egyptian pantheon, those Ancient Ones who are the true gatekeepers of the Egyptian mysteries.*

[MORE INFO ON THIS TOUR HERE...](#)



The Divine Balance of Sacred Relationship ~ A Couple's Journey

*Indigo Rønlov with Louis Carosio & Trinity Harris
October 13-26, 2017*

*Shamanic Journeys offers this special **Egyptian Mysteries Pilgrimage for couples** in the autumn of 2017. Whether married, in a long-term relationship, or still in the beginning phases of new love, we invite you to experience Egypt together with the intention to bring Divine Balance to yourself and your relationship. This couples journey offers the opportunity to directly experience the energies of the Divine Masculine and Divine Feminine, within yourself and in relation to your Beloved, through the ancestral power of this ancient land. The Egyptian Mysteries help us to deepen our connection to ourselves, our partners, our planetary community, and the magic of healthy relationships.*

[MORE INFO ON THIS PILGRIMAGE TO EGYPT FOR COUPLES HERE...](#)

Nicki's Schedule:

I am making plans to continue teaching, starting with a teleclass in January. It will be a new class, Making Spirit Medicine, with just four sessions during the last couple of weeks in January, dates to be announced soon. It will include some Alchemical Healing, some important work with Medicine Buddha and Ma'at, a segment on the importance of working more deeply with our ancestors, and of course, some Mystery teachings. If requested at the time, I will try to extend it for two more sessions, but I am constantly reminded by my guides that I have to take it slower, so we'll have to play it by ear (LOL). There is so much to share and so little time!!!



Women of Wisdom Pre-conference Class

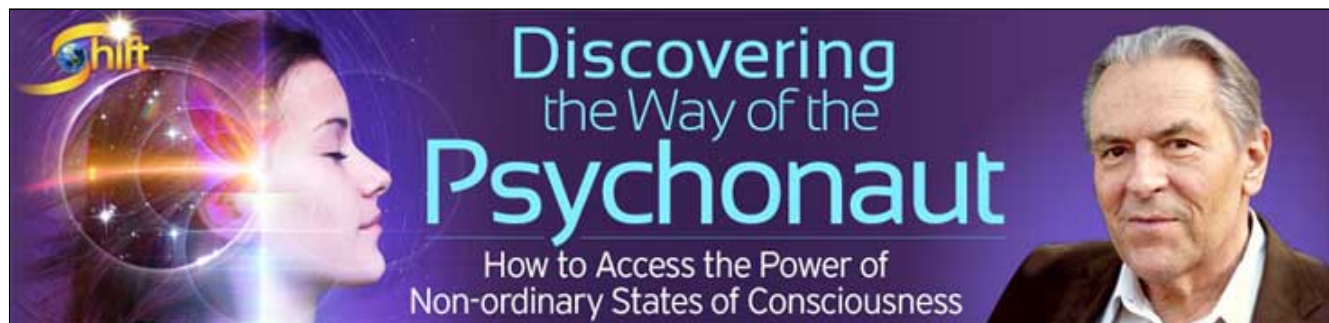
with Nicki Scully and Normandi Ellis
Seattle, February 15-16

If you can't go to Egypt, or if you want to prepare for your tour, or if you, too, love Egypt as we do, Normandi Ellis and I will be teaching a two day workshop, **Practical Applications of Egyptian Mysteries and Becoming An Oracle** at the **Women of Wisdom Conference** February 17-20 in Seattle. Women of Wisdom, for those of you that haven't been there, brings together many wonderful teachers to share their gifts of wisdom and knowledge. The conference itself goes from February 16-20, and is held at North Seattle Community College, in the College Center Building. For details about the seminar and conference, and to register, go to [wow conference schedule](#) and scroll down, then back up to register.

Alchemical Healing

February 17-20, 2017
Vancouver, BC, Canada

Although I am doing very few, if any face-to-face classes in 2017, I could not resist an invitation to go to Vancouver, BC for a rare seminar on Alchemical Healing, Friday evening through Monday at a dear friend's home/center in Maple Ridge, BC (just east of Vancouver). I will attempt to accomplish as much as I can to give you the tools you need to begin (or deepen) your practice with Alchemical Healing with full confidence in this powerful healing art form. **More information about Alchemical Healing...** Registration information will be up soon, or you can call the office.

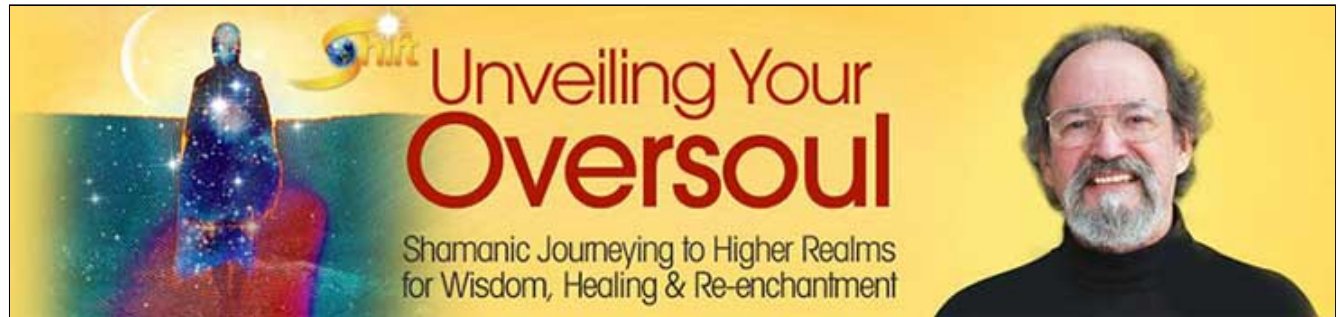


Stan Grof FREE online event

Discovering the Way of the Psychonaut: How to Access the Power of Non-ordinary States of Consciousness, Saturday November 12

Stan Grof is practically a legend— an elder who was one of the earliest and most accomplished pioneers of the legal therapeutic use of psychedelic research. When the laws changed, like me he chose to create and teach forms that didn't require substance, yet bring people to that sought after space of expanded consciousness. Holotropic Breathwork was a result of his innovative understanding of non-ordinary states. Stan's current explorations will be expressed in a free virtual event: **Discovering the Way of the Psychonaut, How to Access the Power of Non-ordinary States of Consciousness.** If you've been intrigued by or experienced the power of altered states, including shamanic consciousness, then you will want to learn how modern psychonaut explorers are venturing beyond the map of psychology into new realms of human

evolution. Once you hear him speak, I'm sure you will be interested in joining his course that follows. For details and to register, [Click Here...](#)



Hank Wesselman, PhD Free virtual event

Unveiling Your Oversoul, Shamanic Journeys to Higher Realms for Wisdom, Healing, and Re-enchantment, November 16, 5:30pm PST

In addition to the Alchemical Healers that are part of my team, I would like to introduce you to a teacher for whom I have great respect. He is the real deal and in touch with the magic. Hank Wesselman, PhD, is an old friend that I highly respect. For those of you who don't already know him, he is one of the most highly respected teachers of Huna, shamanism, and related subjects. His trilogy, Spirit Walker, Medicine Maker, and Vision Seeker, were three of the first books to address our abilities to move through time, both to connect to our ancestors and to our descendents. I have had the honor to endorse some of his other books, most recently The Re-Enchantment: A Shamanic Path to a Life of Wonder. It is excellent. Hank has that rare quality of combining science (he is an anthropologist as well as a shaman) and brilliantly articulates both, making him an important bridge between traditional cultures and modern science.

Hank will be offering a free virtual event: [Unveiling Your Oversoul, Shamanic Journeys to Higher Realms for Wisdom, Healing, and Re-enchantment](#), with a course to follow if you choose. For details and to register for the free call, [Click Here...](#)

Mark's Note

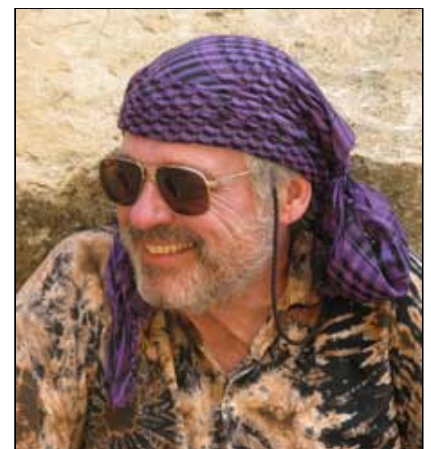
I had a really hard time addressing the election, so I just sidestepped the issue for the moment, to give me time to think it out and see what really happens here. Mark on the other hand, wrote the following:

This is for the anti-Trump people:

OK, the election is over and the Trump victory is almost too much to bear. What to do, what to do, what to do . . .

Some of us have health issues and must take a break from news sources for a while. Seriously, peace of mind isn't just a nice thing; for some of us it is a life or death thing, and the ramifications of a Trump White House on top of a Republican Senate and House of Representatives hits us like a depth charge.

But if you have the strength and need some place to put your distress fueled energy, now is the time to start organizing resistance for the bad things coming while fighting for the preservation of the good things that have evolved. Examples?



How do we preserve the right to vote for all?
Science classes can't become Sunday schools.
Stop closing women's health clinics, and reopen the ones we lost.
Keep out of our bedrooms.
Keep out of public restrooms.
Climate change is real—stop the stupid people who are convinced it is a hoax
And that's just the tip of the melting iceberg.

In conclusion, the 2018 elections start now, from Congress to school boards.

Some kids too young to vote won a case in a federal court that gives them the right to argue in a federal court against the use of fossil fuels. This happened just yesterday. New laws pertaining to greenhouse pollution may be in the books before Trump takes the oath of office. Good things can and do happen.

That's it for the moment. I hope you find something here to lift your spirits and raise your consciousness. We need all the help we can get.

Pray for peace. Love and lots of hugs,

Nicki and Mark



www.shamanicjourneys.com

planetaryhealingbook.com

theanubisoracle.com (free readings available)

becominganoracle.com (sample journey available)

Private phone or Skype sessions with Nicki

For updated events and a full schedule, please go to our schedules page.

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