



## Alchemical Healing Practice Log

Your Name

Date

Name of Client

Duration of Session

Desires and Issues

Preparation – How did you prepare before the client arrived, Heart Breath?, Fire Mist?, Caduceus?, Set Space?, Set Intentions?, Call in Allies and Guides?

How did you begin the session?



***The Principles (review the 4 principles as needed on pg. 288)***

Personal Skills – knowledge of skills - experience & focus - discrimination & communication - invocation

Spirit Realm – help & guidance - contribution of spirit allies

Divine Intervention – Holding space for the mystery

Gratitude – Honoring the plants, totems, entities & elements



*The Rules of Alchemical Healing (review the 4 rules as needed on pg. 150)*

Was anything removed? Where did you put it?

If you removed something, how did you fill any voids?

Did you open their field? If so, how did you close it?

What did you do to Disconnect?



*Additionally*

Was there any Homework given? :

Follow-up needed?

What did you learn?

Anything else?