



## Shamanic Journeys, Ltd.

PO Box 5025, Eugene, OR 97405

541-484-1099 • 800-937-2991

www.shamanicjourneys.com • office@shamanicjourneys.com

# An Egyptian Mysteries Journey to Egypt

With Normandi Ellis and Nicki Scully  
October 20 – November 3, 2012

Dear Egypt Enthusiast,

Warmest greetings! Thank you for your interest in this unique adventure to Egypt. We have put together this packet in the hopes that it will answer most of your questions and help you make the decision to travel with us.

This will be the third tour that we have led together to Egypt. Like our last one in March 2011, it will be intimate, limited to 16 participants, and will focus on the Egyptian Mysteries and writing your spiritual memoirs. Normandi Ellis is an award-winning author, poet, priestess and scholar. For the last 20 years Egyptophiles and travelers to Egypt have regarded her translation of the Book of the Dead, *Awakening Osiris*, as the essential text for any pilgrimage through the ancient Egyptian temples. Nicki Scully is the author of six books, including *Shamanic Mysteries of Egypt*, *Power Animal Meditations* and her newest, *Planetary Healing: Spirit Medicine for Global Transformation*. She has been leading spiritual tours to Egypt for 25 years.

This tour will include writing sessions similar to the ones that resulted in Normandi's new book, *Invoking the Scribes of Ancient Egypt*, a collection of inspiring pieces by participants on an Egypt tour in 2009. Normandi will offer writing exercises in the temples and on our exquisite, private dahabeya as we sail the Nile and participate in initiations and ceremonies at temples and sacred sites. Among the highlights will be a sunrise visit to Isis' temple at Philae, and private ceremonial visits to the Sphinx and the King's Chamber inside the Great Pyramid. Join us in learning to create meaning from our life experiences and manifest new destinies for ourselves through spiritual re-membering and writing.

On the practical side, just to whet your interest further, here are some web links to the hotels where we will be staying, and to a video about the Afandina, the private dahabeya (traditional Egyptian boat) on which we will sail the Nile:

[www.oberoihotels.com/oberoi\\_menahouse/index.asp](http://www.oberoihotels.com/oberoi_menahouse/index.asp)

[http://www.moevenpick-hotels.com/en/pub/hotels\\_resorts/worldmap/aswan/welcome.cfm](http://www.moevenpick-hotels.com/en/pub/hotels_resorts/worldmap/aswan/welcome.cfm)

<http://www.youtube.com/watch?v=eaW5axrohW0>

If you decide to join the tour, please fill out the enclosed registration forms and return them with your deposit to Shamanic Journeys, Ltd. right away! These tours fill quickly...

Thank you and we look forward to sharing this amazing adventure with you,

Normandi Ellis and Nicki Scully

**PRICE AND PAYMENT:** The Early Bird price for this tour package is \$6788, valid through December 15th. After that the price will be \$6888. The Land Only cost of the trip for those not flying with us from New York is \$5988 (an \$800 discount) until December 15<sup>th</sup>, then \$6088 thereafter. There are no single supplements available on this tour.

This price includes: international airfare from New York; deluxe hotels in Egypt; a 7-night luxury Nile cruise on a private sailing yacht; all meals on the boat; domestic travel between Cairo/Aswan and Luxor/Cairo; breakfast daily; welcome and farewell meals, and at least two extra lunches; extensive sightseeing as mentioned in the itinerary, including entrance fees and English speaking guides; all transfers and luggage handling, and miscellaneous gratuities. It also includes sacred initiations, ceremonies & meditations at sacred sites, and a private visit in the Great Pyramid.

A deposit of \$1500 is required to secure your position on this trip. If you do not wish to pay the entire trip cost at one time, you may pay in installments at any time, but no later than the following payment schedule (after the deposit has been made): a payment of \$1900 is due no later than May 20<sup>th</sup> 2012; another \$1900 is due by June 20th; and the final balance of \$1488 is due by July 20th. Please note: the final, full payment for the trip is due 90 days prior to the scheduled departure.

Personal checks, cashier's checks, money orders, credit card payments and bank transfers are welcomed. Please make checks payable to Shamanic Journeys, Ltd. PO Box 5025 • Eugene, OR • 97405.

Please see the Terms & Conditions statement at the end of this letter for more information, and for our cancellation policy.

**To ensure a smooth trip, we would like to offer some additional information about traveling to Egypt:**

**DOCUMENTS:** All participants are required to have a **valid passport**, to be carried on your person or stored safely at all times. It is a good idea to photocopy the picture page to carry in a separate place in case of loss and to also keep a copy at home. A visa is required for entry into Egypt. If you are a US, Canadian or British citizen or a member of the EU, you can bring \$20 **in cash** and you can acquire your visa at the airport in Cairo (no picture is necessary). You can get one from your nearest Egyptian embassy, however it is much more of a hassle, costs more, and requires relinquishing your passport for some time.

**TRAVEL ARRANGEMENTS:** Our flight will depart on Saturday, October 20th 2012 at 6:30pm from JFK. Please allow enough time (at least 3 hours) to get to the terminal if you have a flight connection. The EgyptAir check-in counter closes at 5:30pm sharp, so if you haven't checked in by then, you will not be allowed to board. The return flight departs Cairo at 10:30am on Saturday, November 3rd and arrives in JFK at 3:15pm the same day (again leave enough time for your connection and to go through customs).

If you plan on arranging your own flights to Cairo and back, you will receive an \$800 "Land Only" discount. Please make sure that you send your flight information to the SJ office so we can arrange to have you picked up at the airport and transferred to the hotel to meet up with the group.

**TRIP INSURANCE:** A journey of this nature is a financial investment. **Therefore, we strongly recommend that all participants obtain short-term travelers insurance covering**

**baggage, accident/life and trip cancellation.** Trip cancellation insurance covers your losses on nonrefundable air and land costs on trips cancelled due to personal or family illnesses or unforeseen documented emergencies. It also covers the cost of emergency evacuation from remote areas. **You must buy trip insurance within 21 days of the date you send in your deposit in order to receive certain benefits, including coverage for pre-existing conditions.** Please visit this link on our website for more information: [www.shamanicjourneys.com/trip\\_insurance\\_info.html](http://www.shamanicjourneys.com/trip_insurance_info.html). You may also call the Shamanic Journeys, Ltd. office for more information, or check with your personal travel agent or with Travel Insured International directly (1-800-243-3174, Shamanic Journeys, Ltd. travel number #44550). This insurance only covers US citizens departing from the US. We suggest non-US citizens look for a local agent.

**HEALTH PREPARATIONS/PRECAUTIONS:** There are no inoculation requirements for persons with flights originating in the US or Europe. However, **it is advisable to consult your physician regarding your personal needs.** The alternative suggestions we offer are found effective by prior travelers and local herbalists. Doctors and medical facilities are available to us in most places, however we recommend each participant bring their own personal supplies plus any medication needed. Your good health and good physical condition will enhance the experience for you as well as the group. The most common health issue is diarrhea. It is recommended to take megadophilus or acidophilus daily for at least one month prior to travel as well as for the duration of the trip. You may also want to bring an herbal immune-support formula. Do not drink the tap water in Egypt! Drink only bottled water, and use bottled water to brush your teeth. Bottled water is readily available everywhere.

**CLIMATE/CLOTHING:** The climate in Egypt is dry year around. October is a perfect time to visit, with daytime temperatures averaging between 75 and 85 degrees, and somewhat higher temperatures in Luxor and Aswan along the Nile. The evenings can get quite cool (averaging in the mid-50's), especially on the river, so you will need a light jacket or wrap at night. Whatever the activity, women should remember that Egypt remains a conservative country and we wish to be respectful. Shoulders should always be covered outside the hotels and boat (there are beautiful shawls available in Egypt). Keeping this in mind, pack comfortable, loose-fitting clothing for layers in the daytime. A light jacket or sweater for early morning, evening and also for the air-conditioning in the hotels is advised.

Wear **comfortable** walking shoes — sneakers or sandals with a supporting back strap, and cotton socks. We will be doing a lot of walking. Pants are certainly acceptable for the women and are definitely recommended for camel or horseback riding. In the evenings, as everyone will be dining in very pleasant surroundings at our hotels or local restaurants, somewhat nicer attire would be appropriate. Casual is acceptable, though you might plan for one or two evenings of something more special to wear. We certainly have opportunities here to be festive, and we will have a chance to shop where wonderful, fun clothing can be purchased. Hairdryers are provided in most hotel rooms.

**BAGGAGE:** Each passenger on EgyptAir will be allowed to check-in two piece of luggage not to exceed 50 lbs. each and one carry on weighing no more than 15lbs (check [egyptair.com](http://egyptair.com) for updates on baggage allowance). Check with your domestic carrier to make sure that weight limit holds for their international connecting flights. Many domestic flights now are limited to 50 lbs or have other fees/restrictions. We highly suggest that you only bring one piece with you to Egypt and bring or buy an empty duffel bag for shopping goodies for your return. If you bring two pieces of luggage with you to Egypt you will have no room on the return, so pack light and shop there! Remember to bring an extra set of clothes and your valuables in your carry-on just in case! A daypack is often useful. Although you will never be required to carry your

luggage, you will appreciate traveling light!

**COMMUNICATIONS:** The Mena House (our hotel in Giza) has a business center and internet access in the rooms. The boat also has internet access. There are some Internet cafes available in Luxor and Aswan. International telephone calls from Egypt are easy to make, and can be dialed directly from our hotel rooms. They are much more expensive from Egypt than from the States, depending upon your international plan. We recommend that you get an international calling card from a reputable phone company that has an access number in Cairo, such as ATT or MCI.

**ELECTRONICS/ CAMERAS:** Please note that the electrical current in Egypt is 220-240, with European-style plugs that have two rounded prongs. You will need an adapter in order to plug in your electric/electronic devices. If you bring an appliance that does not have a built-in converter in the electrical cord (as most laptops now do), you will also need an electrical converter. Note: there are hair dryers in our hotel rooms, so you do not need to bring your own.

If you are using a digital camera, you should plan to bring extra memory cards. There is very limited access to download your images while you are there unless you bring your own computer.

**MONEY AND CURRENCY EXCHANGE:** You will have no difficulty exchanging U.S. dollars into Egyptian pounds. Many banks in Egyptian hotels are open around the clock. We recommend waiting until you are in Egypt to exchange money. Traveler's checks are a hassle because you are required to show your passport in order to cash them, and many shops will not accept them. Hotels and some larger shops will take VISA (not as many take MasterCard). ATM's are becoming more convenient, although they are not as common in Egypt as they are in many other countries. The currency in Egypt is the Egyptian pound, which is equal to 100 piasters. As of October 2011, 1 Egyptian pound = \$0.167 USD and \$1 USD = 5.97 Egyptian pounds. Check [www.xe.com/ucc/](http://www.xe.com/ucc/) for updates on the exchange rates -- we have a link to this on the Shamanic Journeys website in the FAQ section. A money belt or other safe, secure means of carrying money and documents is advisable.

**TIPPING:** We take care of most of the tipping needs in Egypt, including the temple guards, bell captains, bus drivers, and many others. Please remember to bring enough (and save enough) to cover tips for the boat crew, our Egyptologists and those that give us special services. We can make suggestions regarding this issue but of course it is up to you to give in accordance to how you feel. **The suggested amount to reserve is approximately \$225 total.** You are always welcome to give more, if you feel so moved, but how much you choose to tip is your decision according to your means and heartfelt appreciation. These tips can be given in Egyptian, US, or European currency.

Please see below for Shamanic Journey's complete Terms and Conditions, as well as our registration form. Thank you!

**Shamanic Journeys, Ltd.**  
**Terms and Conditions for Egypt Tour October 2012**

**Tour Pricing**

The Early-Bird price for this tour package is \$6788 (the tour price may rise slightly as we get closer to travel time, depending on cost conditions in Egypt). The Land Only cost of the trip for those not flying with us from New York is \$5988 (an \$800 discount). There are no single supplements available on this tour.

This package price includes international airfare from New York; deluxe hotels in Egypt; a 7-night luxury Nile cruise on a private sailing yacht; all meals on the boat; domestic travel between Cairo/Aswan and Luxor/Cairo; breakfast daily; welcome and farewell meals, and at least two extra lunches; extensive sightseeing as mentioned in the itinerary, including entrance fees and English speaking guides; all transfers and luggage handling, and miscellaneous gratuities. It also includes sacred initiations, ceremonies & meditations at sacred sites and a private visit in the Great Pyramid.

**Not included:** Any airfare from your home city to/from New York, and visa and passport fees. Any meal not mentioned in the itinerary. All beverages and items of a personal nature, such as laundry, will be your responsibility. If you plan to purchase gifts and souvenirs, you will want to bring extra money. If you arrive or depart other than with the group there will be additional transfer fees for being met at the airport, brought through customs and to the hotel, and for any extra accommodations beyond the duration of the tour. Extra transfers to or from the airport cost approximately \$40 per person each way. Tips for the cruise ship staff and our Egyptian guides (see tipping below). Trip cancellation and medical insurance is not included. Please see this link for more information: [www.shamanicjourneys.com/trip\\_insurance\\_info.html](http://www.shamanicjourneys.com/trip_insurance_info.html).

**Space is limited. Tour costs are based on a minimum of 16 participants, double occupancy, and are subject to change. All prices are in US dollars.**

**Payment**

The full payment for the trip is due by 90 days prior to the scheduled departure.

You may pay the tour price in three installments at any time if you wish, but no later than the following schedule: After the \$1500 deposit has been made to secure your position on the tour, a payment of \$1900 is due no later than May 20<sup>th</sup> 2012; another \$1900 is due by June 20<sup>th</sup>; and the final balance of \$1488 is due by July 20<sup>th</sup>. The deposit is fully refunded if we cancel the trip for any reason. Otherwise, it is non-refundable except on an exceptional, case-by case basis. For our cancellation policy, please see our website. Please contact us if you have any questions about payments.

Personal checks, money orders, cashier's checks, bank transfers and credit card payments are welcomed. Please make checks payable to Shamanic Journeys, Ltd. PO Box 5025 • Eugene, OR • 97405. **If the final payment is one week late without prior arrangements, a late fee of \$200 will be assessed. We reserve the right to drop anyone who does not complete the final payment two weeks after the due date, without a refund.**

**Cancelled trips**

Shamanic Journeys, Ltd. reserves the right to cancel any trip due to inadequate sign-ups that make the trip economically infeasible to operate. While we make every effort to fill each trip to the point of maximum economy for everyone and do everything possible to avoid canceling trips with low sign-up; we can adjust the price of our journeys in order to guarantee departure with a smaller number of participants. The price adjustments imposed by a smaller number of

participants are kept as low as possible, normally not more than 15% increase over the stated price. If trip cancellation becomes necessary, we will transfer you to another trip, offer you future trip credit, or refund your payment in full. The refund of all payments received shall release Shamanic Journeys, Ltd. from any further liability. Shamanic Journeys, Ltd. is not responsible for any additional expenses incurred by members in preparing for the trip, such as non-refundable advance purchase airline tickets, visa and passport fees, equipment or medical costs. In circumstances where trip cancellations resulting from the inability of the trip to depart as scheduled, such as cancellations due to acts of war and/or terrorism, God, or nature, Shamanic Journey's Ltd. is not liable for restitution.

### **Cancellation Policy**

All passenger cancellations **must be made in writing**, and are effective based on the date received in our office. Refunds will be granted based on the following schedule:

- Up to 90 days prior to departure: full refund (or credit) minus the original \$1500 deposit. (Under some circumstances prior to 90 days before departure, partial refund of the deposit may be possible.)
- 89-65 days prior to departure: 50% refund (or credit) of payments minus the original \$1500 deposit and any non-refundable expenses pre-paid to Travel Suppliers. (As payments are made according to the schedule, the money is sent on to secure hotels, air travel and other services for your journey).
- Less than 64 days: 0% refund of payments received

No refunds will be issued for unused portions of the trip. **We strongly recommend trip cancellation insurance.** Any refund request must be made in writing to Shamanic Journeys, Ltd. within 30 days of tour start date. Special circumstances will be evaluated on a case-by-case basis.

**Responsibility:** Shamanic Journeys, Ltd., an Oregon Corporation with its principal place of business in Eugene, OR and its associates, act only as agent for the Tour Operator(s). The various hotels, airlines, bus companies, railroads, ship lines, and sightseeing companies are called Travel Suppliers. They are independent agents who supply the accommodations, transportation, and other services described in this brochure. All coupons, exchange orders, receipts, contracts, tickets, etc. issued through Shamanic Journeys, Ltd. are subject to the terms and conditions specified by the Suppliers. Acceptance of Shamanic Journey's, Ltd travel program membership and/or such coupons, exchange orders, receipts, contracts, tickets, etc. acknowledges that Shamanic Journey's Ltd. and the traveling member are subject to any and all tariffs, terms and conditions under which any such Travel Suppliers, their owners or contractors or any persons in their employ may have established.

By utilizing the service of the Suppliers you agree that neither Shamanic Journeys, Ltd. nor any of their agents or employees shall be liable for any delay or change in flight or itinerary schedule, strikes, loss, damage, or injury to your property or person or that of those traveling with you including death caused by reason of the negligence, wrongful or intentional acts, acts of God, terrorist acts, governmental or political actions, civil unrest or hostilities, fires, thefts, pilferage, epidemics, quarantine, medical or customs regulations, accidents notwithstanding any travel advisories or warnings, or for defects of equipment of any Travel Supplier, for any expense or inconvenience caused by late arrivals of any conveyances of such Travel Suppliers or any changes of schedules, conveyances or accommodations determined by any Tour Operator, or for any cancellation or disruption of any such services provided by any such Travel Suppliers; or for any failure on the part of any such Tour Operator or Travel Supplier to perform by reason of

financial difficulty or default, suspension of operation, or other reason; or for any refunds for Tour Operator or Travel Supplier, or not paid over by Shamanic Journeys, Ltd. to any such Tour Operator or Travel Supplier.

Neither Shamanic Journeys, Ltd., nor any of their associates, agents, or employees shall be financially responsible to any tour member in the event of cancellation of all or part of any tour due to acts of war, nature, governmental action; civil unrest or hostilities, or acts of terrorism, or for the default of any Tour Operator or Travel Supplier, or for any reason beyond control of Shamanic Journeys, Ltd.

Travel Supplier(s)/Tour Operator(s) provide the travel services identified with this travel program, and the travel program member agrees to look solely to such Travel Supplier(s)/Tour Operator(s) for the provision to such travel services; the Tour Operator or Tour Director/Manager/Escort shall have the right to decline to accept or to retain any person as a travel program member should such travel program member's health, mental condition, physical infirmity or general deportment impede the operation of the travel program or the rights, welfare, or enjoyment of other travel program members, and no refund can be given in such cases. The right is reserved to substitute tours or alter itineraries, and either the Tour Operator or Shamanic Journeys, Ltd. shall have the right to cancel any travel program prior to departure or to increase prices where the costs shall rise.

Shamanic Journeys, Ltd. is not responsible for any refunds should a presenter advertised as attending or leading a tour cancel for any reason whatsoever. Shamanic Journeys Ltd. is not responsible for any physical, mental, emotional, or other reaction, trauma, or ailment during the trip or occurring afterwards, that participants may experience at the sites or from any leaders, workshops, or sessions of any kind, including private sessions with presenters. Attendance on the trip indicates acceptance of this and all other provisions of this responsibility clause.

Shamanic Journeys, Ltd. has recommended the purchase of appropriate travel accident insurance, baggage insurance, tour operation carrier default protection insurance, and trip cancellation insurance, and has made available explanatory information and policies, and the travel program member has had the opportunity to purchase such insurance as protection against certain risks of travel to the planned destination. Travel program members are advised that travel insurance covers only what is included, as stated on the insurance company's website or in the travel insurance brochure you receive from your personal agent.

Neither Shamanic Journeys, Ltd. nor the airlines or transportation companies concerned are to be held responsible for the late arrival of passengers at airports or resorts due to inclement weather, nor are they to be held liable for payment of, or any refund for, transfers or unused hotel accommodations or meals occasioned by such late arrival at the hotels holding rooms as confirmed itineraries. The airlines or transportation companies concerned are not to be held responsible any acts; omissions or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchaser of this travel program and/or passengers.

Please contact Shamanic Journeys, Ltd. for any questions related to this trip:

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Shamanic Journeys, Ltd.  
Registration Form

Tour Name and Date: An Egyptian Mysteries Journey to Egypt  
October 20 – November 3, 2012

Participant Information

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime phone \_\_\_\_\_ Evening phone \_\_\_\_\_

Cell phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Name **exactly** as it appears on your passport (necessary to book plane reservations):

\_\_\_\_\_

Passport number, expiration date and country issued

**Your passport must be valid for 6 months after the date of departure (Egyptian travel rules).** If you do not have your passport yet, please send in this form now and call us with your passport information once you receive it. We cannot book your flights or hotel reservations without it.

\_\_\_\_\_ Expiration date \_\_\_\_\_

I plan on making my own flight arrangements to Cairo \_\_\_\_\_

Please book my international flights from JFK to Cairo and back with the group \_\_\_\_\_

Personal information:

Please provide us with a photo and a biography of you and your interests. The biography is particularly useful to match you up with a compatible roommate.

What is your occupation? \_\_\_\_\_

Roommate selection (please choose one):

Name of preferred roommate: \_\_\_\_\_

(I have made a confirmed agreement with this person.)

Twin beds or one large bed? \_\_\_\_\_

I do not have a preferred roommate; please choose one for me. \_\_\_\_\_

Please note: There are no single supplements on this trip

Do you smoke? Yes \_\_\_\_\_ No \_\_\_\_\_ Do you snore? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you a morning person? Yes \_\_\_\_\_ No \_\_\_\_\_ Are you a night owl? Yes \_\_\_\_\_ No \_\_\_\_\_

What is your date of birth? \_\_\_/\_\_\_/\_\_\_ Sex? M \_\_\_\_\_ F \_\_\_\_\_



Diet/Food Requirements:

I eat just about everything  I do not eat red meat  I do not eat eggs  
 I do not eat chicken or turkey  I do not eat dairy products  I do not eat fish  
 I am vegetarian  I am vegan

If you have any other special diet restrictions or allergies, please specify \_\_\_\_\_

Do you have any medical conditions we should know about? Please specify:

Are you taking any medication? \_\_\_\_\_

**Have you purchased travel insurance? (Highly recommended)** Yes \_\_\_\_\_ No \_\_\_\_\_  
(Register from the link on our website or contact your travel agent to purchase travel insurance)  
If not, do you intend to purchase travel insurance? Yes \_\_\_\_\_ No \_\_\_\_\_

Please provide two numbers in case of emergency:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Phone numbers \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Phone numbers \_\_\_\_\_

How did you hear about this tour?

A friend or referral. Who? \_\_\_\_\_

Web Search or  Flyer or  Event (which one? \_\_\_\_\_)

Other \_\_\_\_\_

**RELEASE**

Please read and sign:

I, \_\_\_\_\_, have read the information letter, including the terms and conditions. I understand that Shamanic Journeys Ltd., or any associated individuals or organizations, are not responsible for, and I release them from liability for, any accidents, injuries, illness, loss, theft or other mishap that might occur for any reason in connection with this journey to Egypt in October 2012. I am responsible for my own experience.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please complete, sign and return within **one** week to:

**Shamanic Journeys, Ltd.**  
**PO Box 5025, Eugene, OR 97405**  
**Phone: 800-937-2991 or 541-484-1099 • fax 541-686-5960**  
**www.shamanicjourneys.com and [office@shamanicjourneys.com](mailto:office@shamanicjourneys.com)**